



TRAFFIC SAFETY *at St. Timothy*

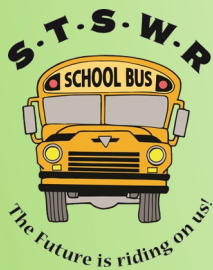
A guide for parents, students, and staff



Thank you for helping to keep our community safe! We all have an important role to play by encouraging healthy and safe routes to school and reinforcing practices that keep everyone safe in the community where we live and work. You will find important reminders and updates in this pamphlet about safety.

Please take a moment to share this with everyone in your home. We are looking forward to a safe, fun, and healthy school year ahead.

- Mr. Simoes, Principal, Saint Timothy CES





TRAFFIC SAFETY

ST. TIMOTHY

Student Expectations

1. Have fun when you walk or wheel to school and practice good road safety everywhere!
2. Use sidewalks or trails around the school; never walk across the middle of the street and cross at designated crosswalks.
3. Dismount your bike, scooter, or skateboard when you reach school property.

Driver Expectations

- ⇒ Do not enter the parking lot during student drop off or pick up times.
- ⇒ Do not block driveways or trail entrances.
- ⇒ Never stop in a No Stopping Zone.
- ⇒ Remain in your car in a No Parking Zone; do not use the zone if your child needs assistance.
- ⇒ Do not use driveways to turn around; drive around the block.
- ⇒ High snow banks reduce visibility; watch for children!
- ⇒ Check for children walking on the sidewalk before pulling out of your driveway.

Crossing Guard Etiquette

Pedestrians: The Crossing Guard must ensure you cross safely and still allow traffic to flow. All walkers are required to obey the guard's direction. Once the Crossing Guard has reached the middle of the crossing and signals students to cross, they make their way to the other side.

Drivers: Stop, and remain stopped until the guard and children reach the sidewalk. Failing to stop for a Crossing Guard can result in a fine of \$110 and 3 demerit points.



THE WALK ZONE

This simple journey can mean so much...

Physical Health

Walking or cycling to school regularly gives your child opportunities for daily physical activity that will help him or her avoid chronic disease and develop healthy habits that may continue into later years. ParticipACTION recommends that children accumulate several hours' worth of light movement every day. Walking to school is a perfect opportunity to get it; more than half the body's muscles are designed for walking; it is a natural movement that is virtually injury-free.

Mental Focus

Students who get physical activity in the morning arrive at school more alert and ready to learn – and studies show they score higher on tests. Studies show the power of concentration is increased for up to 4 hours after a 20-minute walk!

Environmental Well-Being

Up to 25% of the morning rush hour traffic is attributed to the school commute. Reducing the number of cars at schools improves air quality, creating healthier environments where children spend a great part of their day.

Fun and Happiness

Those who walk and cycle the school route enjoy a deeper connection to their community and find joy in nature and people along the way; all of which leads to less stress and less depression.

Graduated Independence

The walk to school provides a great opportunity for students to gradually know their community and take incrementally greater responsibility for themselves and younger children.

More Information

(519) 744-7575

stswr.ca/walkzone

sttimothy.wcdsb.ca

www.kitchener.ca/en/bylaws-and-enforcement/parking-bylaws.aspx

KEEPING OUR KIDS SAFE!



Walk or Wheel to School

Leave the car at home and walk, bike, scoot, or skate to school.



No Parking

Quickly load or unload passengers only. Parking is prohibited. FINE: \$25



Trailblazers

Start a student-led network of expert walkers that lends visibility to pedestrians.



No Stopping

No stopping in this area.
FINE: \$40

Increased fine in school zone: \$80



SCHOOL ZONE

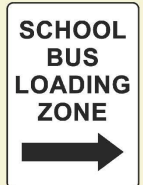
Drive - to - 5

Do you drive? Use legal street parking that is a 5 min. walk to school.



School Bus Loading Zone

Reserved exclusively for school buses. Zero tolerance.
FINE: \$80



Follow the Rules of the Road

Look at the signs when dropping off and picking up. Always look for pedestrians.



< No Parking >

Blocking residential driveways is prohibited. FINE: \$25



ATTENTION PARENTS

Did you know?

St. Timothy is working on supporting more active travel.

If you would like more information about what they are doing and how to help, please send an email to Ashley_cullen@stswr.ca

- **Ashley Cullen, School Travel Planning Facilitator,**
Student Transportation Services of Waterloo Region

Display a Slow Down Please lawn sign!

Keeping our neighbourhoods safe is a shared responsibility, which is why CAA designed this project. When well-placed, these signs aim to make roads safer for all members of the community.

Review the link below for sign assembly, installation, placement, and more information.

www.caasco.com/blog/Community/keep-your-community-safe-by-slowing-down



Drive Safely!

If you choose to drive your child to school, please remember to drive slowly and safely in the neighbourhood around the school – not just in front of the school. Children are unpredictable and may be difficult to see as they walk or bike to school.

- ⇒ *Don't rush. Plan ahead and allow enough time to get your child to school. Carpool with neighbours if you can.*
- ⇒ *Park on a street near the school where there is legal parking and walk your child the remainder of the way to school.*
- ⇒ *Yield to children walking and biking around the school.*
- ⇒ *Stop for crossing guards and school buses when the flashing lights and stop arms are out.*
- ⇒ *Pay attention. Do not text or use your hand held mobile phone while driving. It is the law.*
- ⇒ *Do not double park or let your car idle, as this increases traffic around the school and pollutes the air.*
- ⇒ *Do not park in or block private driveways and confirm with business owners if the use of their parking lots is acceptable.*
- ⇒ *Know and obey the speed limits and traffic signs in the area.*

More Information

<http://www.stswr.ca/walkzone>

